

What's the Process of Getting PrEP at Island Sexual Health?

You can access PrEP through Island Sexual Health by booking an appointment at **(250) 592-3479**.

It is also a good idea to contact Lifelabs and book an appointment for yourself to get your required lab work done following the 1st appointment. Please call us any time with questions at 250-592-3479.

STEP 1

Appt #1 (Approx 1 hour long)

You will see the nurse to review your medical and sexual health history, for routine STI screening and to discuss your eligibility for PrEP. After that you'll see a doctor and get a requisition for blood and urine testing.

**You will need to do your blood tests at a lab as soon as possible. **

STEP 2

RESULTS

If all of your results are negative (normal), your medication should arrive within 10-14 days following your appointment. If anything comes back abnormal, clinic staff will notify you and ask you to return to the clinic.

STEP 4

Repeat lab tests

4 weeks after starting PrEP

You will need to take your req to the lab for your follow up test **4 weeks** after starting PrEP.

STEP 3

6 week supply PrEP pickup

A clinic nurse will contact you, either by text or email (your preference) to let you know when your meds have arrived. You can drop in to pick them up at our clinic during clinic hours. You'll also get a form (requisition) to repeat your blood tests. When you pick up your meds, you can book your appointment for getting your PrEP renewal in about 5 weeks.

STEP 5

Appt #2 (Approx 15 minutes)

5 weeks after starting PrEP

You'll see the doctor for 15 minutes to review the results of your lab tests. If all results are normal, the doctor will complete your PrEP renewal form for 3 months of PrEP. Please let the doctor know when you'll be out of medication. Your meds should arrive at our clinic within approx. 5-7 days.

STEP 6

3 month supply PrEP pickup

A clinic nurse will contact you, either by text or email (your preference) to let you know when your meds have arrived. You can drop in to pick them up at our clinic during clinic hours. When you pick up your meds, we will remind you to call to book your appointment for getting your PrEP renewed in about 2 months. When you come back for your renewal, you can expect to do a routine STI screen along with bloodwork to check your kidney function.