

# ISHS Missed Oral Contraceptive Pill Flow Sheet

(NOT for Progestin Only Pills / Micronor) © 2010, Island Sexual Health Society, Victoria, BC.

## What to do if you've missed a pill AND have had intercourse in the last 5 days.

ECP (Emergency Contraceptive Pill) is Plan B.

You can get it at ISHS 250-592-3479 or at a pharmacy without a prescription.

